

[SG Study]

## The Dignity of a Christian

### Ephesians 4:25-32

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Even in the desperate situation of facing death in prison, Paul speaks about the “daily life of a Christian.” This means that the life of a true believer is not marked by grand resolutions but is revealed through everyday speech, character, and attitude.

Through today's Word, may we come to understand what it means to live a dignified life as a follower of Jesus, and may our lives exude the fragrance of Christ.

If you have recently heard a dignified word that brought you comfort, please share it.

1. Paul emphasizes that the holy life of a believer must be revealed through their words. What does Paul command regarding the speech of the saints? (verses 25, 29) Why is it so important, in our life of faith, to use language that is distinct from the world? If there have been any changes in your speech habits after believing in Jesus, please share them.
2. Paul speaks of the transformed life of a believer and exhorts us not to harbor anger inwardly but to do good outwardly instead of stealing (verses 26, 28). Why do people harbor anger, and how can we bless others instead of holding on to it? What kind of attitude do I need to cultivate in order to be more considerate of others and to do good?
3. Paul commands us to be kind and compassionate to one another, and to forgive (verse 32). What is the basis for Christians to forgive someone? If there is someone you need to forgive in your life right now, what resolution must you make in order to practice true forgiveness?

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” (Ephesians 4:32)