

[SG Study]

Live as Children of Light

Ephesians 5:8-14

Paul teaches that the true daily life of a Christian is revealed by living as “children of light.” Through today’s passage, let’s rediscover our identity as children of light in the Lord, discern what it means to live in a way that pleases Him, and share what it looks like to reflect Jesus in our daily lives.

Have you ever asked yourself, “What would Jesus do?” when making an important decision? If so, share how that question has shaped your choices.

1. Paul emphasizes that we must express our identity as children of light through both our words and actions (v.8). Why do you think Paul begins by declaring, “You are light”? What does it look like, practically, to live as a child of light? (v.9) When you consider the identity of “I am light,” how might it impact your everyday speech, attitudes, and behavior? Let’s discuss.
2. Paul stresses that we are to discern what pleases the Lord and bear the fruit of light, refusing to participate in the unfruitful works of darkness (vv.10-11). What does “test and approve” mean in verse 10? Why is it essential for Christians to live with a discerning heart toward what pleases God? Looking back over the past week, what experience (a Bible verse, sermon, prayer, meditation, advice, small group, etc.) has helped you the most in discerning God’s will? Let’s share.
3. Paul calls us to wake up from spiritual sleep and rise to fully experience the glorious light of Christ (v.14). How does Paul describe spiritual sleep? Why do you think he warned that even early church believers could fall into it? What is one commitment you can make this week to awaken spiritually and rise again? Let’s share.

“For you were once darkness, but now you are light in the Lord.
Live as children of light” (Ephesians 5:8).